How to Make Your Own Natural Moisturiser

What to Expect Deep hydration (great for winter & dry skin) Works well for elbows, heels, and hands Slightly glossy finish on skin

By Uma | April 30, 2026



Create a simple homemade moisturiser for soft, glowing skin this winter.

Ingredients

- 100 grams coconut oil / almond oil (badam oil) / any skin-friendly oil
- 65 grams beeswax (“Thean Mezhugu”)
- *Optional:* 5–10 drops essential oil (like lavender or rose)

Method

1. Fill a pan with water and heat it gently.
2. Place a heat-safe bowl inside (double boiler method).
3. Add oil and beeswax into the bowl.
4. Stir occasionally until the beeswax melts completely.
5. Remove from heat.
6. Let it cool slightly, then pour into a clean container.
7. Allow it to set fully at room temperature.

Optional Additions

- A few drops of essential oil for fragrance

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- A pinch of vitamin E oil (helps with skin nourishment + shelf life)

Storage

- Store in a cool, dry place
- Best used within 2–3 months

Pro Tips (this is where it gets better)

- If it feels too hard → reduce beeswax slightly
- If it feels too oily → increase beeswax a bit
- Apply on **slightly damp skin** for better absorption
- Use a small amount—this is concentrated

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